

Drop the heavy load of the past, open
your heart and let it shine its light as
you step into the future.

TRAVEL LIGHT



A WORKSHOP WITH

TARN TARAN SINGH

SATURDAY NOV 11 - 2 TO 5PM

NORTH PERTH

TRAVEL LIGHT

SATURDAY NOV 11 - 2 TO 5PM

Followed by tea & light nourishment.



Drop the heavy load of the past, open your heart and let it shine its light as you step into the future.

Join us for an afternoon of lively and inspiring discussion, movement, meditation, music and mantra.

Venue: St Hilda's Hall, 15 View St, Nth Perth

Cost: \$108 Bring: yoga mat, blanket, water

[BOOK NOW](#)

TARN TARAN SINGH



Tarn Taran is one of the original generation of Kundalini Yoga students.

A former director of the Aquarian Trainer Academy and now in "retirement", Tarn Taran continues to travel the world and teach as he has done for the past 50 years, in Europe, America, Latin America, Australia and more.

He is a gifted musician, a warm-hearted spirit and an inspiring teacher.

This event is supported by Kundalini Yoga WA (KYWA).

